



SALT RIVER DIABETES PROGRAM

## **HEALTH HEART WALK/RUN**

**1-MILE & 2-MILE**

**FEBRUARY 12, 2015**

**MEET AT 12:00 PM AND 5:30 PM**

- SIGN IN 12:00P-12:10P
- SIGN IN 5:30P-5:45P
  - WALK/RUN WILL START AT 12:10P & 5:45P
  - 2-MILE WILL DO 2 LOOPS OF 1-MILE ROUTE

**SALT RIVER FITNESS CENTER – COURTYARD BLG. 32**  
**10005 E. OSBORN ROAD, SCOTTSDALE AZ 85256**

**We Walk to The Same Beat!**



FOR MORE INFORMATION CONTACT: SALT RIVER FITNESS CENTER @ 480-362-7320